

**5 Kilometer**

<b>Pos.</b>	<b>Name</b>	<b>Verein/Ort</b>	<b>Pl./AK</b>	<b>Zeit</b>
1.	Bernardon, Ramon	LTF Marpingen	1.M40	0:17:59
2.	Schneider-Holbach, Dieter	LTF Marpingen	1.M55	0:24:32
3.	Fuchs, Sandra	LTF Marpingen	1.W35	0:24:40
4.	Spaniol, Eric	LTF Marpingen	1.MHK	0:26:23
5.	Meiser, Simone	LTF Marpingen	1.W50	0:27:02
6.	Schäfer, Hans-Gerd	LTF Marpingen	1.M70	0:28:25
7.	Fuchs, Michaela	LTF Marpingen	2.W35	0:28:29
8.	Schäfer, Ina	LTF Marpingen	1.W45	0:29:13
9.	Alles, Birgit	LTF Marpingen	1.W65	0:29:19
10.	Herding, Nick	LTF Marpingen	2.MHK	0:29:44
11.	Beltz, Annemarie	LTF Marpingen	2.W65	0:30:13
12.	Karrenbauer, Helga	LTF Marpingen	1.W70	0:32:33
13.	Welter, Joachim	LTF Marpingen	1.M65	0:49:07

**10 Kilometer**

<b>Pos.</b>	<b>Name</b>	<b>Verein/Ort</b>	<b>Pl./AK</b>	<b>Zeit</b>
1.	Schu, Sammy	LTF Marpingen	1.M30	0:33:50
2.	Hooß, Jörg	LTF Marpingen	1.M55	0:39:04
3.	Schu, Dirk	LTF Marpingen	1.M60	0:46:09
4.	Warschburger, Franz-Josef	LTF Marpingen	1.M50	0:46:43
5.	Hooß, Ben	LTF Marpingen	1.MU18	0:46:50
6.	Welter, Markus	LTF Marpingen	2.M55	0:47:30
7.	Neßelberger, Christian	LTF Marpingen	2.M50	0:47:32
8.	Groß, Thomas	LTF Marpingen	3.M55	0:48:07
9.	Grandke, Hans	LTF Marpingen	1.M65	0:49:53
10.	Neßelberger, Marion	LTF Marpingen	1.W45	0:49:56
11.	Weller, Dieter	LTF Marpingen	2.M60	0:50:19
12.	Hooß, Tanja	LTF Marpingen	1.W55	0:51:37
13.	Frank, Daniela	LTF Marpingen	1.W60	0:51:40
14.	Peiffer, Hans-Jörg	LTF Marpingen	3.M50	0:53:04
15.	Spaniol, Martina	LTF Marpingen	1.W65	0:55:14
16.	Balling, Stefan	LTF Marpingen	1.MWalk	0:57:30
17.	Scheppler, Winfried	LTF Marpingen	1.M70	1:28:12
18.	Ohlmann, Birgit	LTF Marpingen	1.WWalk	1:30:02